

Early Head Start Annual Report 2017-2018



Early Head Start

Child Development Resources' (CDR) Early Head Start (EHS) is a federally funded program that provides comprehensive child and family development services to income eligible prenatal women and parents of infants and toddlers, ages birth to three years of age, who live in the City of Williamsburg, James City County, York County, and the City of Poquoson.

EHS offers both home-based and center-based options to 146 prenatal women and children. All families receive information on education, health, immunizations, well child checks, nutrition, child development, services and supports for children with disabilities, prenatal development, parenting, and playgroups. Families also receive social and emotional assistance, access to mental health consultants, along with linkages to community resources.

Families enrolled in the home-based option receive weekly 90-minute home visits with a Family Consultant who provides support for the parents in their role as their child's first teacher, and they are offered weekly playgroup opportunities for their child.

Families who are working, in school, or in job training, and are in need of high-quality child care due to their schedule, are eligible to enroll in full-day, year-round center-based options at one of our two child care centers. Our center at Lafayette High School serves families who live in the City of Williamsburg and James City County and the Griffin-Yeates Center serves families who live in York County. At both centers, children are cared for during the day by a teacher who serves as their primary caregiver and receive home visits from the Center-Based Family Consultant.



Children
served:

240

Children with a
medical home:

229

Children with a
dental home:

40

Families
served:

196

Low income (below 100% of FPL)
children served:

151

*Who Did EHS
Serve?*

Low income (below 100% of FPL)
prenatal women served:

18

Prenatal
women
served:

31

42

Homeless families served:

Teen parents
served:

19

Children with a
disability served:

25

Funded enrollment:

146

Average monthly
enrollment:

149

Children up to date on
immunizations:

183



Family Events

Each year the Early Head Start program holds several events to offer opportunities for families to participate in various trainings, educational workshops provided by community partners, developmental play activities with their children, dinner, and fellowship with other enrolled families. Larger events included a Baby Shower, Back to School Night, and a Health Fair. In addition, several smaller events took place at each child care center. Families at GYC and LHS took part in a “Thankful for Family” celebration, “Cookies and Cocoa”, and other fall and winter activities within the classrooms.

Topics in the 2017-2018 program year included budgeting, prenatal care, child development, and health.



Federal Review

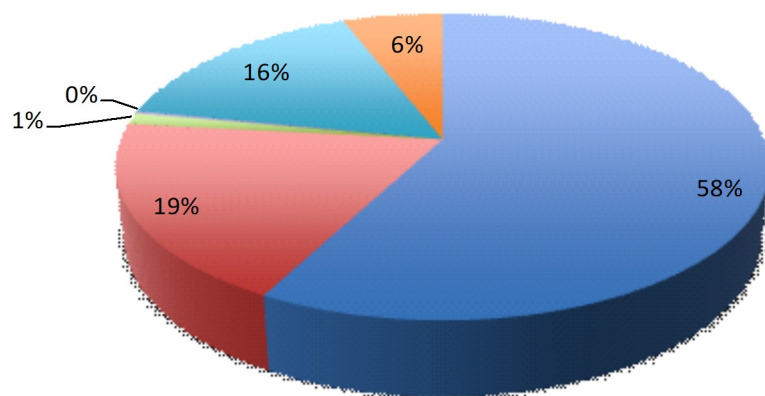
During the 2017-2018 program year, the U.S. Dept of Health and Human Services, Administration for Children and Families, did not conduct a Federal review.



Early Head Start Budgeted And Actual Expenses

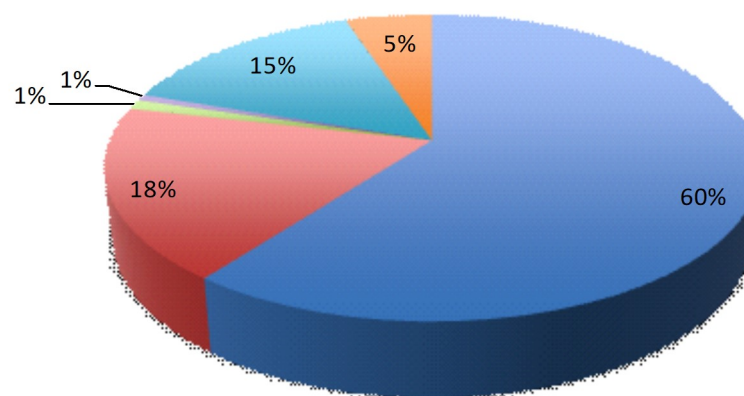
EHS Budgeted Expenses 2017 - 2018

■ Personnel ■ Fringe ■ Supplies ■ Contractual ■ Indirect ■ Other



EHS Actual Expenses 2017 - 2018

■ Personnel ■ Fringe ■ Supplies ■ Contractual ■ Indirect ■ Other



In addition to federal funding, Early Head Start received support from child care subsidies, USDA, United Way, York County, and the Williamsburg James City County school system to provide services to all enrolled prenatal women and children.

In addition to federal funding, Early Head Start received support from United Way Virginia Peninsula (\$8,000), United Way of Greater Williamsburg (\$950.00), USDA (33,338.38), York County (\$155,662), York County Subsidy (\$17,895), James City County Subsidy (\$27,939) and private donors (\$11,143.91) to provide services to all enrolled prenatal women and children.

Stephan enrolled in EHS home-based services in August of 2017. At that time, his family had recently experienced several hardships. Their landlord decided to sell, therefore, giving them 90 days to find housing. Then, his father lost his job, which was their only income at the time. For a while they found themselves moving from place to place while staying with extended family. Mom was hoping to return to nursing school and dad needed to find full time employment but this was difficult due to a lack of affordable and high quality child care as well as stable housing. Mom feels her home visitor was “very supportive, very committed and active in helping my family as a whole and not just another case number” and that she provided numerous resources to help them meet their goals. In February 2018, Stephan was offered a spot and started attending our child care center at the Griffin-Yeates Center. Around the same time, dad found full-time employment, mom was able to return to nursing school, and they found a new place to call home! Stephan’s family is now looking forward toward even bigger goals and EHS shares in their excitement for the future. In mom’s words, “CDR changes lives and builds articulate minds, one child and one day at a time.”



Success Stories

RJ and his family moved to Williamsburg when he was only a few weeks old and soon thereafter, enrolled in EHS. New to the area, his parents were not familiar with the local resources but that soon changed when they started getting home visits from their family consultant, Monika. Mom and dad were excited to learn about his ongoing development through screenings and education, which assured them he was “on track” for his age. Through resources he learned about from EHS, the father was able to obtain full-time employment at Newport News Shipbuilding, which has drastically improved the family’s financial situation. Because mom loves to learn, she is very engaged and receptive during home visits and has even started to complete a bachelor’s degree in nutrition through Arkansas State University! Eventually, Monika approached RJ’s parents about attending EHS Policy Council, which they embraced as an opportunity to advocate for their son. And mom is now the EHS Policy Council Chair! We look forward to our time left with RJ’s family as he is already 2 and mom and dad are now thinking about preschool next year!



Child Development Resources Early Head Start
P.O. Box 280, Norge, VA 23127
(757) 566-3300 or www.cdr.org



The mission of Child Development Resources' Early Head Start is to support prenatal families and children ages birth to three by creating caring environments, nurturing children, and linking families to community resources. We establish relationships to promote child and family health and development through the delivery of family-centered services and affiliation with community partners.