

# Early Head Start Annual Report



2018-2019





## Early Head Start

Child Development Resources' (CDR) Early Head Start (EHS) is a federally funded program that provides comprehensive child and family development services to income eligible prenatal women and parents of infants and toddlers, ages birth to three years of age, who live in the City of Williamsburg, James City County, York County, and the City of Poquoson.

EHS offers both home-based and center-based options to 146 prenatal women and children. All families receive information on education, health, immunizations, well child checks, nutrition, child development, services and supports for children with disabilities, prenatal development, parenting, and playgroups. Families also receive social and emotional assistance, access to mental health consultants, along with linkages to community resources.

Families enrolled in the home-based option receive weekly 90-minute home visits with a Family Advocate who provides support for the parents in their role as their child's first teacher, and they are offered weekly playgroup opportunities for their child.

Families who are working, in school, or in job training, and are in need of high-quality child care due to their schedule, are eligible to enroll in full-day, year-round center-based options at one of our two child care centers. Our center at Lafayette High School serves families who live in the City of Williamsburg and James City County and the Griffin-Yeates Center serves families who live in York County. At both centers, children are cared for during the day by a teacher who serves as their primary caregiver and receive home visits from the center-based Family Advocate.

# Who did EHS serve?

Children served:  
**222**

Prenatal women served:  
**32**

Low Income (below 100% of FPL) prenatal women served:  
**17**

Low Income (below 100% of FPL) children served:  
**146**

Teen parents served:  
**21**

Children with a medical home:  
**198**

Average monthly enrollment:  
**147**

Families served:  
**188**

Children with a disability served:  
**33**

Funded enrollment:  
**146**

Children up to date on immunizations:  
**167**

Homeless families served:  
**19**

## Family Events

Each year the Early Head Start program holds several events to offer opportunities for families to participate in educational workshops, developmental play activities with their children, and fellowship with other enrolled families. Events included a Summer Fun Festival, Fall Festival and Health Fair.

At this year's Health Fair, families had the opportunity to gather valuable information from the following community partners; Virginia Cooperative Extension, Williamsburg Regional Library, Thomas Nelson Community College Dental Hygiene Program, Smart Beginnings, Safe Kids Coalition, and Williamsburg James City County Public Schools Bright Beginnings.



## New Curriculum

After researching a number of curricula, Early Head Start purchased and implemented the Frog Street Curriculum for our classrooms at both child care locations. Our previous curriculum had been used for many years, but a newer curriculum was needed to allow teachers and assistant teachers to identify specific goals and individualize lesson plans for each child.

Designed around the latest scientific early brain development research, Frog Street Infant curriculum is designed to build strong foundations for little ones ages 0-18 months. Frog Street Toddler focuses on enhancing the simple joy of childhood while equipping caregivers to nurture curiosity through exploration.

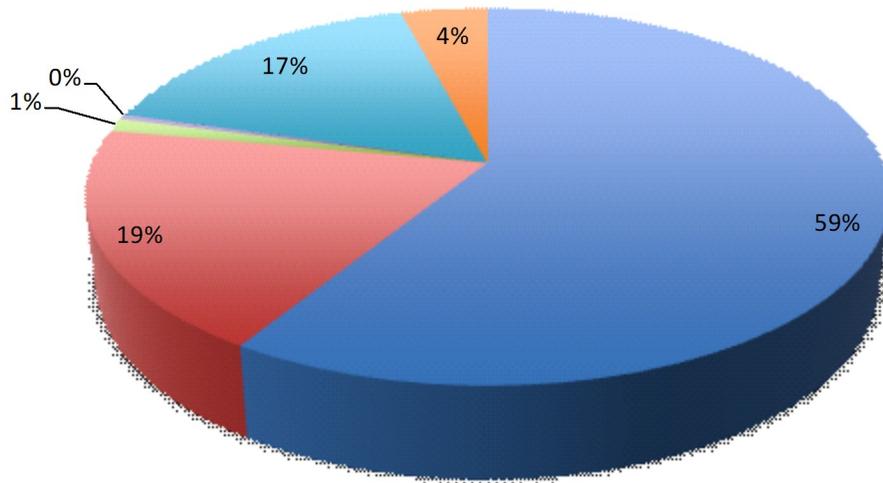
During the summer of 2018, staff received intensive training and shortly thereafter, started using the new curriculum in all classrooms.



# Early Head Start Budgeted And Actual Expenses

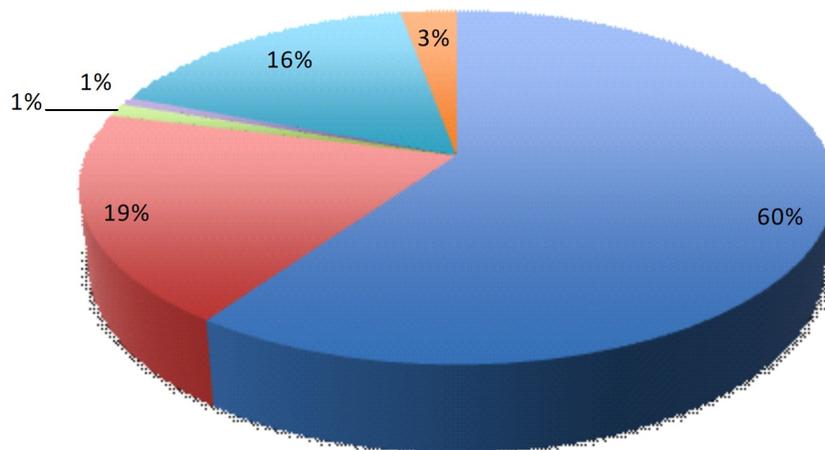
## EHS Budgeted Expenses 2018 - 2019

■ Personnel ■ Fringe ■ Supplies ■ Contractual ■ Indirect ■ Other



## EHS Actual Expenses 2018 - 2019

■ Personnel ■ Fringe ■ Supplies ■ Contractual ■ Indirect ■ Other



*In addition to federal funding, Early Head Start received support from child care subsidies, USDA, United Way, York County, and the Williamsburg James City County school system to provide services to all enrolled prenatal women and children.*

# Success Story

Ricardo was enrolled in EHS shortly after he was born in 2017. Some of the benefits of the program that the family has appreciated so much are the health screenings that all children receive in an effort to notify parents as early as possible about potential health concerns. One of the screenings that children 6 months of age and older receive is a Pediavision (a handheld vision screening device). Ricardo has a family history of vision loss so his parents were already “on the lookout for certain signs” and mom had voiced her concern to their Family Advocate. The results of the screening prompted mom and dad to follow up with their pediatrician and a pediatric optometrist within the next few days, which ultimately led to him getting glasses. Mom said “seeing the look on his face when he first put on his glasses was priceless. I can’t tell you all enough how grateful I am of CDR for all that you all do and for your dedication to my family.”



## Federal Program Review

During the 2018-2019 program year, the U.S. Department of Health and Human Services, Administration for Children and Families, did not conduct a Federal review.



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*The mission of Child Development Resources' Early Head Start is to support prenatal families and children ages birth to three by creating caring environments, nurturing children, and linking families to community resources. We establish relationships to promote child and family health and development through the delivery of family-centered services and affiliation with community partners.*

