

Early
Head
Start

Annual
Report

2020-
2021





Early Head Start

Child Development Resources' (CDR) Early Head Start (EHS) is a federally funded program that provides comprehensive child and family development services to income eligible prenatal women and parents of infants and toddlers, ages birth to three years of age, who live in the City of Williamsburg, James City County, York County, and the City of Poquoson.

EHS offers both home-based and center-based options to 146 prenatal women and children. All families receive information on education, health, immunizations, well child checks, nutrition, child development, services and supports for children with disabilities, prenatal development, parenting, and playgroups. Families also receive social and emotional assistance, access to mental health consultants, along with linkages to community resources.

Families enrolled in the home-based option receive weekly 90-minute home visits with a Family Advocate who provides support for the parents in their role as their child's first teacher, and they are offered weekly playgroup opportunities for their child.

Families who are working, in school, or in job training, and are in need of high-quality child care due to their schedule, are eligible to enroll in full-day, year-round center-based options at one of our two child care centers. Our center at Lafayette High School serves families who live in the City of Williamsburg and James City County and the Griffin-Yeates Center serves families who live in York County. At both centers, children are cared for during the day by a teacher who serves as their primary caregiver and receive home visits from the center-based Family Advocate.

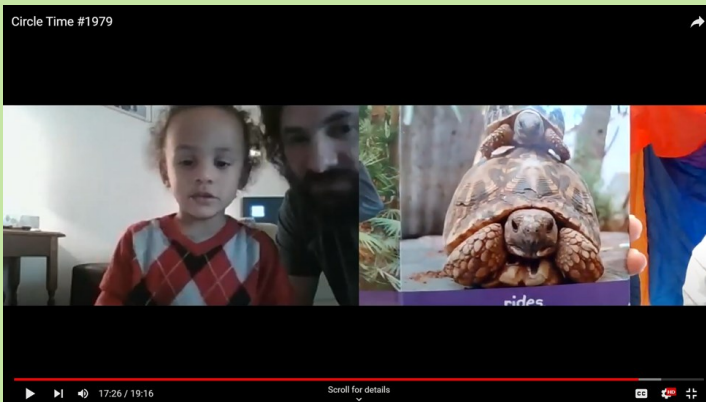
Services continue throughout pandemic



This past year has been a challenge to everyone and Early Head Start has been no exception. CDR's EHS program has continued to provide quality services to families even though it may have looked different than what you'd expect.

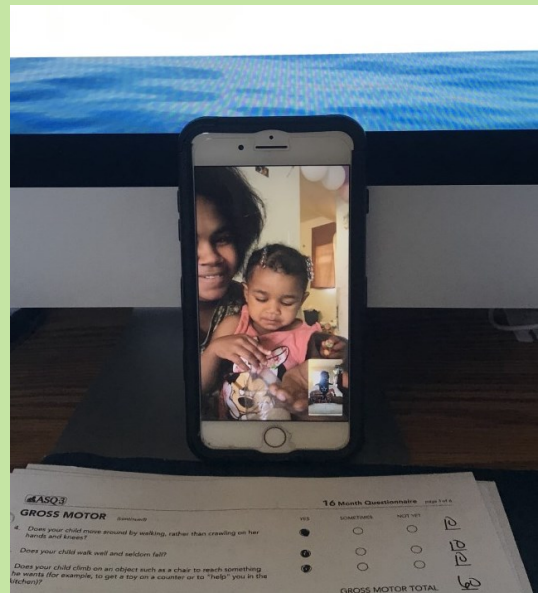
Initially, we just wanted to stay in touch with our families as much as possible, so staff began to reach out through phone calls, texts, email and eventually video. Staff used different platforms but we gradually transitioned to Zoom as our preferred method for virtual visits. Teachers at both centers produced their own virtual classroom videos and lesson plans that were shared with families on a weekly basis.

While continuing to provide services, we also had to prepare for the eventual return of in-person services. After much discussion, research and input from staff we developed a plan which included changes in procedures and purchase of supplies. Staff are now provided masks for themselves and the families we serve, blankets were given to home visitors so that visits could take place outdoors (weather permitted) and hand sanitizer dispensers were installed at all EHS locations. For our two child care centers to reopen, many things were purchased to ensure the safety of children and staff including but not limited to: Crocs and scrubs for staff, gloves, thermometers, fogger sanitizers, portable sinks, and 2 Zono machines (one for each center). Procedures related to child drop-off and pick-up, cleaning, and exposure had to be written and implemented. A designated isolation room also had to be prepared in case of exposure. We are extremely grateful for all of the staff's hard work that made reopening our classrooms in March of 2021 a possibility.



Staff at our Griffin-Yeates location (above) share a virtual classroom video with one of their students, John.

Triyah and her mom, Erica, participate in a virtual home visit with their Family Advocate (right).



Federal Program Review

During the 2020-2021 program year, the U.S. Department of Health and Human Services, Administration for Children and Families, Federal Reviews were delayed due to the Covid-19 Pandemic. In June 2021, they conducted a desk review of Focus Area 2, with two areas of non-compliance. We are in the process of creating a plan to address and correct these areas.

Funded enrollment:

146

Families served:

130

Children with a medical home:

158

Prenatal women served:

19

Who did EHS serve?

Children served:

160

Low Income (below 100% of FPL) prenatal women served:

12

Children up to date on immunizations:

138

Low Income (< 100% of FPL) children served:

101

Children with a disability served:

22

Homeless children and prenatal women served:

20

Teen parents served:

10



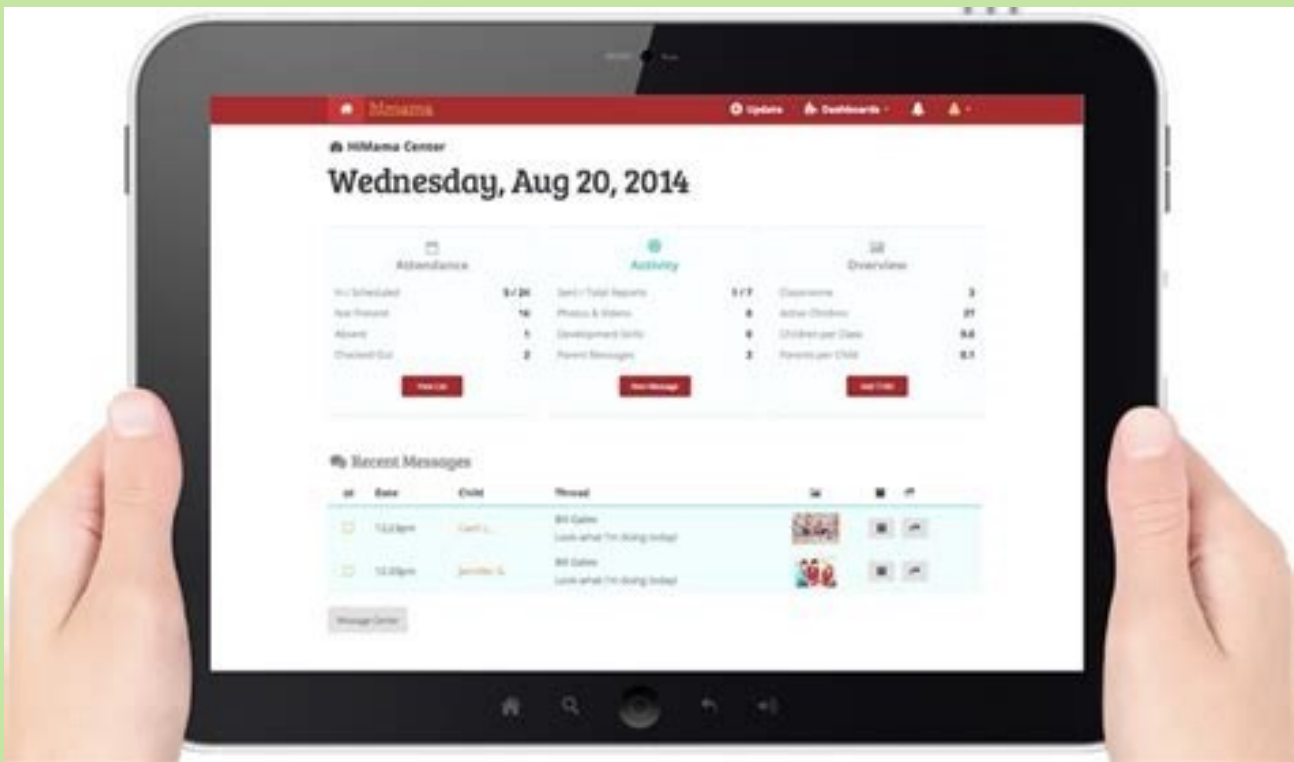
Family Events

Due to the pandemic, this year's only event was the drive-thru Fall Festival.

Staff greeted families in their cars and provided books, activities, and oral care bags. Our Health Coordinator also provided hearing and vision screenings.

Hi Mama!

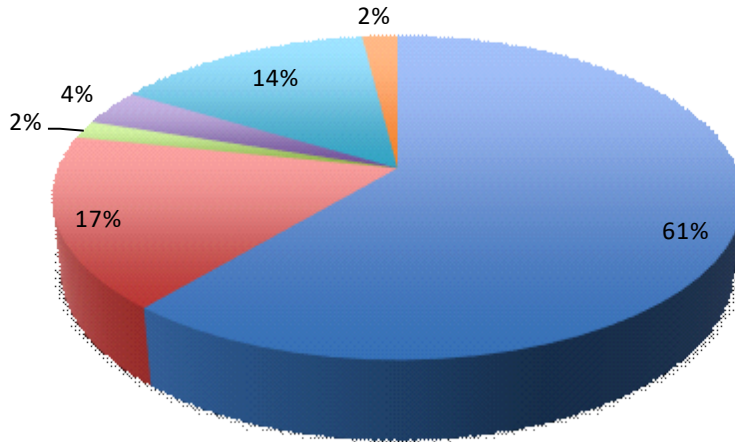
In March of 2021, our two child care centers returned to in-person services. Although that was very exciting, things got even better when we started using Hi Mama. Hi Mama is a highly reviewed child care app that facilitates easier communication with parents. Staff can share pictures, share daily reports, and send updates individually or by classroom or center. Other features include attendance and meal tracking, lesson planning, and classroom management. Both parents and staff agree, this new tool is a great addition!



Early Head Start Budgeted And Actual Expenses

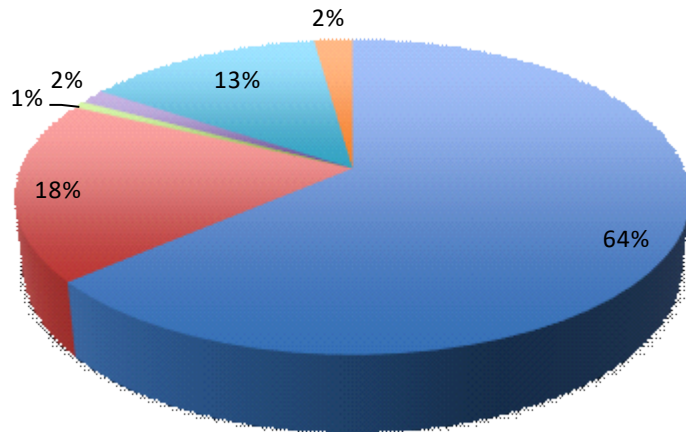
EHS Budgeted Expenses 2020 - 2021

■ Personnel ■ Fringe ■ Supplies ■ Contractual ■ Indirect ■ Other



EHS Actual Expenses 2020 - 2021

■ Personnel ■ Fringe ■ Supplies ■ Contractual ■ Indirect ■ Other



In addition to federal funding, Early Head Start received support from child care subsidies, USDA, United Way, York County, and the Williamsburg James City County school system to provide services to all enrolled prenatal women and children.



Child Development Resources Early Head Start
P.O. Box 280, Norge, VA 23127
(757) 566-3300 or www.cdr.org

The mission of Child Development Resources' Early Head Start is to support prenatal families and children ages birth to three by creating caring environments, nurturing children, and linking families to community resources.

We establish relationships to promote child and family health and development through the delivery of family-centered services and affiliation with community partners.